



Serving Eastern Ontario, Upper NY State
Western Quebec and Nunavut

Information Package for 2026 Exchange Year

Short-Term Exchange Program (STEP) or Virtual STEP

Outbound Timeline

Sep – Nov, 2025	Online Application	Application available online at www.district7040ye.com/forms-info
November 17, 2025	Deadline	Online Application and local Rotary Club interview completed, and acceptance notice received
December 5, 2025	Deadline	Online Preliminary Application completed by student.
Dec 2025 – Jan 2026	Application Process	Medical, Dental and legal forms approved and signed by you and the local Rotary club and submitted online ahead of Orientation One.
January 9-10, 2026	Orientation 1 Mandatory	District information sessions and interviews for students and parents Full Application completed and \$350 fee due (Kingston, ON)
March – May 2026		Learn who will be your exchange partner
March – June 2026	Application Process	Host family application, Visa application, vaccinations, book flight, language training, contact with exchange partner, etc.
May 9, 2026	Final Orientation Mandatory	District Training for students and parents (Gananoque, ON)
June – August 2026*	Exchange Period	Exchange partner travel is *most common during this time and is arranged between students/families, dates can vary by country/family

Some dates may coincide with holidays, vacations, school activities or breaks so please plan accordingly. Failure to attend will result in being disqualified from the program for the current year and forfeiture of deposit.

The Short Term Program includes the following:

- Club portion Program fee \$150
- Hosting by foreign Rotary Club
- Homestay accommodation including meals with your host family
- 24-hour worldwide emergency assistance throughout the program
- Some in-country orientations

Parents/Students are responsible for the following costs:

- Student portion Program fee \$350

- Family to family exchange responsibility of hosting your exchange partner, including meals
- Airfare/transportation, passport and visa application fees, insurance, and other travel costs
- Other miscellaneous costs: spending money, recreation (varies by student)

Contacts

Long Term Co-Ordinator: Julia Mahaffy (outbound7040ye@gmail.com)

Short Term Co-Ordinator: Francine Allard (francine7040ye@gmail.com)

District Youth Exchange Chair: Ken Durand (kld@kathken.ca)

Websites

District 7040 www.rotary7040.com

Youth Exchange www.district7040ye.com

Rotary International www.rotary.org/en/our-programs/youth-exchanges

For more information, contact your local Rotary Club: my.rotary.org/club-search